

# Excel example

	Who's on it?	Time period 1	Time period 2	Time period 3	Time period 4	Time period 5	Time period 6	Time period 7
Impact activity 1	Person A		Specific start time			Specific end time		
Research activity 1	Person B	Specific start and end time					Specific start and end time	
Research activity 2	Person C						Specific start and end time	

# Alternative

	Who's on it?				
Impact activity 1	Person A	Start / end		Specific start and end time	
		Frequency		Frequency of occurrence	Specific start and end time
Research activity 1	Person B		Specific start time		Specific start and end time
Research activity 2	Person C				Specific start and end time